



Fivelements wins “Destination Retreat of the Year”

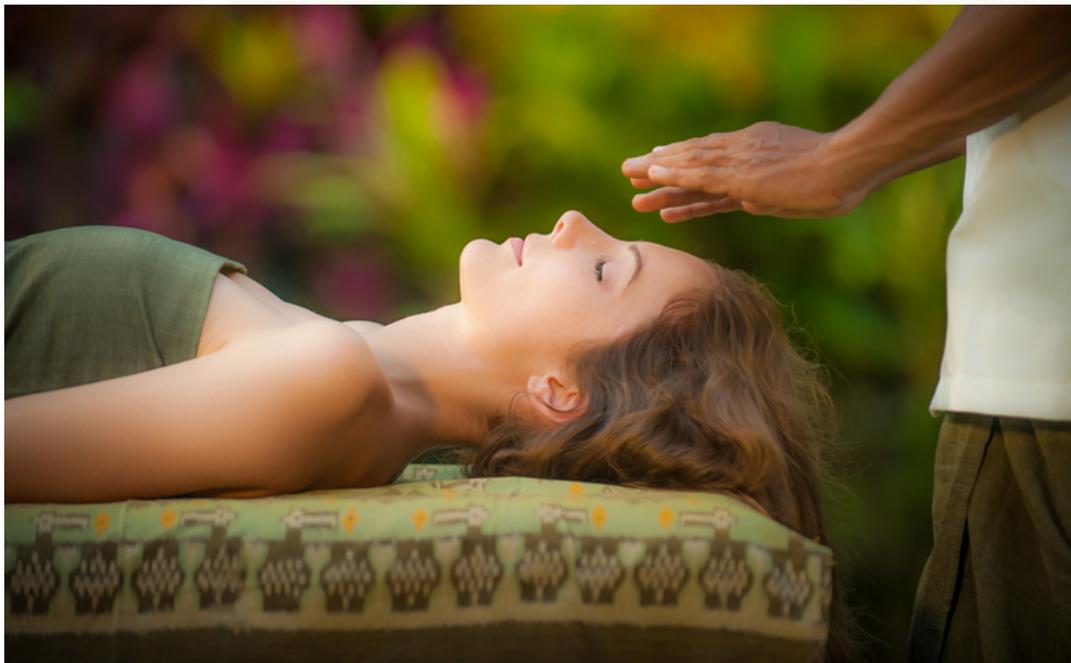
*The signature Panca Mahabhuta Rejuvenation Retreat triumphs
at the AsiaSpa Awards 2016*

Hong Kong, December 6, 2016 — At the 12th annual AsiaSpa Awards in Hong Kong on Wednesday, November 16, Fivelements was awarded “Destination Retreat of the Year” for its Panca Mahabhuta Rejuvenation Retreat, making it the 6th time in a row Fivelements has taken home an AsiaSpa award.

Praised for its extensive range of wellness therapies, healthy cuisine and its holistic integrated approach to wellbeing, Fivelements was selected by a panel of 21 noteworthy judges from a shortlist alongside eight other resorts.

Fivelements is honoured to receive this accolade for its Panca Mahabhuta Rejuvenation Retreat, a signature wellness programme that offers guests replenishment and alignment, making use of Balinese-inspired therapies performed by traditional healers who apply ancient wisdom and rituals passed down through direct lineage.

Designed to harmonise mind, body and soul by allowing an organic healing process to naturally unfold, the Panca Mahabhuta Rejuvenation Retreat also incorporates healthy plant-based cuisine and transformative sacred arts sessions.





"An award-winning destination begins with a genuine heart intention and is inspired by an innovative design and development team with artisanal integrity," says Lahra Tatriele, Vision Director and Co-founder of Fivelements. "It is then brought to life every day by a passionate team of experts comprising of operations, therapists, sacred artists and chefs who 'create the space for life transformation and love in action' (the company's mission) over time. The key is to always leave room for the magic of life to unfold. We are in the business of facilitating healing, wellness and inspiration for ourselves, our partners and our guests, and this happens best when we are all focused on the mission. Our strategy is simple: creating high impact holistic integrative wellness destinations and programmes that support the will to transform through Love. And this process begins with self-love and respect."

As Asia's premier spa and wellness magazine, AsiaSpa is setting a benchmark for retreats and resorts around the world, and Fivelements is truly honoured to win one of the most coveted awards of the evening, "Destination Retreat of the Year".

"To win Destination Retreat of the Year is the greatest recognition we could receive for our wellness retreat in Bali, and we are thrilled," comments Chicco Tatriele, President and Co-founder of Fivelements. "We created Fivelements with a healing intention and designed the retreat as a haven for nurturing and nourishing forward-thinking leaders of today and tomorrow. Our spaces offer an inspiring destination to naturally unwind from their non-stop scheduled life and gently connect with the natural flow and their 'authentic' nature."

Special Offer

Pre-book our recently awarded 7-night Panca Mahabhuta Rejuvenation Retreat by December 31, 2016 and receive 2 additional nights complimentary.

- Until March 31, 2017
- Non-Refundable and not combinable with other promotions
- Based on availability

Reserve now:

<http://www.fivelements.org/en/retreats/wellness-retreats/11-healing-retreats/28-panca-mahabhuta>



About Fivelements

Fivelements is located along the Ayung River near Ubud in Bali, Indonesia. Founded by Lahra and Chicco Tatriele in 2010, the wellness destination is deeply rooted in the ancient traditions of Bali, offering a holistic integrative approach where guests are encouraged to embark on a healing journey, unifying the physical, emotional and spiritual aspects. Surrounded by lush greenery, Fivelements is inspired by healthy cuisine, purification rituals, yoga, meditation and beautifying spa treatments and offers a range of personalised wellness programmes such as the Detox Retreat, Culinary Retreat and Rejuvenation Retreat.

The innovative wellness lifestyle company is soon to launch their first urban retreat in Hong Kong this December at the Hong Kong Golf & Tennis Academy. This project is the first holistic sports and wellness academy in the region, featuring professional training by Jack Nicklaus Golf and Bruguera Tennis Academy and wellness by Fivelements.

High-resolution images can be downloaded here:

<https://www.dropbox.com/sh/0aslhdq9be6pil/AABhcq2y9GBbXc8fXeD6XPsSa?dl=0>

For inquiries, please contact:

Helen von Sternberg, Marketing Manager, Fivelements

Tel: +7 916 132 55 00

E: helen@fivelements.org

www.fivelements.org