

The Power of Positive Thinking

September Living in Harmony

Dear Sasha,

"The most important things in life are togetherness and friendship, whether among family members, friends and acquaintances, work colleagues or with the welcoming of strangers," says Chicco Tatriele.

He was speaking after an enlightening discussion on karma, compassion, tolerance and the path to peace, which were the key messages this year from Fivelements. The takeaway messages were gratifyingly fundamental, achievable and universal.

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Imagine the struggle with life slipping away, replaced with the caress of warm waves, soothing silence, hypnotic...

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A Raw Soup of Garden Greens with a hint of citrus

Zinging with taste, this soup is an organic garden in a bowl.

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News & Events



First-Timer's Guide to Bali | Qantas

Andrea Dixon discovers 10 ways to make the most of a trip to Bali and mentions Full Moon Agni Hotra Fire Ceremony.

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Glass seeks spiritual healing at Fivelements

Call it a digital detox, search for mindfulness or "self betterment", Kim Ing went to discover an alternate...

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takes a prize at 2016 Restaurant & Bar Awards by The Luxury Travel Guide

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Fivelements named Finalist in 11 categories

from Spafinder Wellness 365 Global Wellness Travel Awards. Please support us with your votes. Thank you!

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Guests Experiences



Sasha we would love to hear about your experience at Fivelements. We highly value your feedback and strive for all our guest to leave feeling rejuvenated, relaxed and well tended. May we kindly ask you to leave a few sentences on our [TripAdvisor](#) or [Facebook](#) page, or simply in reply to this email. Your opinion is very important for us. Thank you!