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Love in Action

Creating the space for Life Transformation and Love in Action

May Living in Harmony

Dear Sasha,

If you have time to just read one blog today, read this one. A beautiful aha-moment, Love in Action explained gives you a glimpse of how to be a better person, describes the all-encompassing, limitless power of love, and its transformational influence when you feel it, receive it, embrace it and give it freely.

Love in Action is the meaning of life.

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Inspiring Blogs



Expressive Arts, Playing in & Creating Openness

Expressive Arts helps us to break down habits of movement expression (and feeling) and enter into...

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Learn some environmentally friendly ways to minimize the annoying presence of mosquitos without killing them...

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Embracing Change with Nilanthi

"I am grateful to be a humble instrument in the divine orchestra of this life." Nilanthi

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Celebrating Motherhood



Gift Certificate

Share the gift of wellness with your family at Fivelements' award-winning healing and wellness destination.

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Exclusive Day Experiences: Blooming Beauty

Revive your radiance in this luxurious journey of supremely nourishing spa rituals. Reserve now and enjoy 20% savings.

[Reserve now](#)



Fivelements Signature Wellness Retreats

We invite you for a new healing journey through the mystic culture of Bali. Reserve in advance and enjoy 15% savings.

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News & Events



Transformational Business Creation

Debra Moffitt radio-show with Lahra Tatriele, Co-founder of Fivelements.

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Rasa, Sacred Arts Session

Saturday, 7 May, 2-4 pm.

In this session we will be slowly building a bridge to...

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